



## 6 THINGS TO DO

### 01 A thorny affair

In the big, wide world of plants, thorns often get a bad rep. But artist Sandilya Theuerkauf has turned them into her muse for her new show *A Trail of Thorns*. You will get to see thorns scattered around the room – on horizontal and vertical surfaces and arranged in lines, crevices and ruts.

**WHERE:** Bangalore International Centre, Domlur 2nd Stage  
**WHEN:** Opens at 6.30pm on February 15, on view till February 19, from 11 am to 7pm  
**CALL:** 25359680



### 02 Colour theory

With an aim to encourage children to express their ideas creatively, the ongoing Whitefield Art Collective will host a series of competitions for them today. So choose from 'Art attack competition', 'Doodling competition' and 'Planter painting', all of which have been designed on the theme of sustainability. Open for kids aged 14 years and above.

**WHERE:** VR Bengaluru, Whitefield Main Road  
**WHEN:** 12pm-5pm, February 15



### 03 One-stop entertainment

Whether you are dating or single, there's a lot in store at the 'Love is in the Air' event today. Start your day on a musical note with artists at Inlyf Music. Or, indulge in retail therapy and some great food at their flea market. And should you want to sit down and lounge, Sunset Cinema Club and Cafe Coco Jumbo will bring to you a session of open-air film screening as well.

**WHERE:** Safina Plaza Quadrangle, Commercial Street  
**WHEN:** 12pm-8pm, February 15  
**ENTRY:** Free for flea market and ₹499 for the film screening



### 04 Planters made easy

Japanese style of gardening, Kokedama requires you to grow ornamental plants on a ball of soil covered in moss. Which means, you don't need to install the plant in a pot or container. Soak the ball for five minutes in water daily and they are good to go. Learn this skill at this workshop today.



**WHERE:** Bloom & Grow, 6th Block, Koramangala  
**WHEN:** 3pm-5pm, February 15 **ENTRY:** ₹1,000, bloomangrow.in

### 05 Watch a dance show

Samam, a centre for dance set up by Murari Sharan Gupta, a disciple of the legendary Kathak Guru Pt Birju Maharaj, is celebrating its 13th anniversary. So join them for an enchanting evening of Kathak, which will be performed by young dancers from this institute.



**WHERE:** JSS Auditorium, Shivarathreeswara Centre, Jayanagar  
**WHEN:** 6pm, February 15 **CALL:** 22970123

### 06 For a fitter you

This weekend, rekindle your fitness resolution with Fit Bengaluru 3.0. A festival of wellness, it will feature workshops by celebrity trainers, over 50 stalls of healthy and eco-friendly products, sessions such as art therapy and sound bath meditation, performances by acrobats and freestylers, and unique workouts like kickboxing, hip hop, piloxing, lyrical yoga and drama therapy.

**WHERE:** UB City, JW Marriott and Cubbon Park  
**WHEN:** Till 7pm, February 15-16  
**ENTRY:** bookmyshow.com

